

15 June 2020

### **Bronze Duke of Edinburgh Award / Certificate**

Dear Parent/Carer

As you may already be aware, Queensbury Academy offers pupils in Y9 and 10 the opportunity to take part in the Bronze Duke of Edinburgh Award. This is a recognised award which adds significantly to pupils' CVs as they go on in their education, both to Universities and work places.

To achieve the Bronze Award pupils must complete a Physical, a Skill and Volunteer section. For each section they need to complete approximately an hour a week for three months. Lastly they have to complete a two-day Expedition carrying food, clothing, tent, sleeping bag etc.

During Covid 19 the Duke of Edinburgh Scheme has been adapted so that at the moment pupils are able to achieve a Bronze 'Certificate' (rather than full award), which will still be recognised, without having to complete the Expedition phase of the Award. This means pupils are able to progress to the Silver Award sooner, if they achieve it and return to do their expedition later, if they want to. Or just use the Duke of Edinburgh Certificate on their CV.

We all know how much is to be gained with a sense of purpose in our lives, and if possible, it's better to have the things pupils are doing, during the lock down, to be recognised. With that in mind we intend to open the Bronze Duke of Edinburgh award to all Year 9 and Year 10 pupils. This means that possibly by the time we returned to the academy in September pupils could have completed their Bronze Certificate!

On the following page are some suggestions of things your child can do (possibly they are already doing) whilst we are 'locked down'. The list is not exhaustive; for a full list go to [www.DofE.org](http://www.DofE.org) . then select one activity for each section. We will register the pupils on eDofE and they will be able to upload pictures and other evidence of their activities.

There is a cost £25 which covers the registration with Duke of Edinburgh and use of the App and eDofE. Normally we charge £45 for each Award but this includes £20 towards expedition costs. Once we return in September we will review what Expedition options we might be able to put on given the Covid conditions at that time and during the following year. We will then give pupils the option to take part in their Expedition for award or to just use the Certificate.

Queensbury Academy, Deanstones Lane, Queensbury, Bradford, BD13 2AS.  
Tel: 01274 882214 Fax: 01274 884853 Email: [office@qa.fetrust.org.uk](mailto:office@qa.fetrust.org.uk) Website: <http://queensbury-academy.fetrust.org.uk/>

Principal: Mr R Hanson



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**If your child would like to take part in Duke of Edinburgh Bronze Certificate they will need to:**

1. Decide which activities they wish to complete for their Physical, Skill and Volunteer sections. (See next Sheet)
2. Pay £25 to Summer Duke of Edinburgh 2020 on Parent Pay
3. Parents/carers or pupils please Email me at [Paul.Calderbank@qa.fetrust.org.uk](mailto:Paul.Calderbank@qa.fetrust.org.uk) or contact me on Chat and tell me which activities you plan to do, as well as confirming you have paid.

**Then get started!**

NB There are a number of our pupils who are already signed up to Duke of Edinburgh. If you are already, you do not need to pay again; just complete the three sections. For these pupils **only**, please email me as above or contact me via Teams 'Chat' and I will confirm which sections you still have outstanding.

Yours faithfully

*P Calderbank*

**Paul Calderbank  
Duke of Edinburgh Manager**

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If the current circumstances mean that this is difficult for you to meet the payment for this at the present time but your child wished to take part, please email me so that I can forward information to the Principal to see if the academy is able to support your son or daughter.

### **Activities you can complete to achieve your Duke of Edinburgh Bronze Certificate.**

**You need to do each for about an hour a week for 3 months.**

There are many more activities so check on [www.dofe.org](http://www.dofe.org)

**You need track your progress on the sheet we will send you and then upload it on to eDofE.**

### **Physical Section**

- Complete the couch to 5k, or many of the other [NHS fitness sessions](#)
- Do an online yoga course with Lizzie Ward Yoga. For more information please email [lizziewardyoga@gmail.com](mailto:lizziewardyoga@gmail.com).
- Do an hour's YouTube fitness video each week (try Boot camps, Pilates, dance routines and more)
- If you've got a garden, do some circuit training?
- Get out on your bike in your local area – use an app to track your routes to upload as evidence
- Wii Fit games
- Completing different walks in your local area

### **Skill Section**

- Share your creative talents and interests and achieve an [Arts Award qualification](#)
- You can do a [John Muir Award](#) to discover nature from home
- You can do a STEM based project and do a [CREST Award](#)
- Take part in online quizzes and learn about new subjects with [Quizlet](#)
- Do an free online [money management course](#) with the Open University
- Complete a MOOC (Massive Open Online Course) in an area that interests you
- Complete [ICC Educate's](#) online Awesome Exporting course
- Complete weekly [Adventures At Home](#) with Girl Guiding
- Learn to cook in your own kitchen with a brilliant remote cookery course from one of our Approved
- Learning [sign language](#)

Activity Providers: [Be in the Kitchen](#), [Blackberry Cottage](#), [Egg and Soldiers](#), [Flora's Kitchen](#), [Kiddy Cook](#), [Lorna Wing Cookery](#), [Sassy Stirrers](#) and [The Organic Cookery School](#)

### **Volunteer Section**

- You can take part in a [John Muir Award](#) and help to conserve nature from home
- Volunteer for [Kissing It Better](#) and remote support elderly people who are in isolation
- Take part in a digital personal safety campaign with [Resolve It](#)
- St John Ambulance – [12 week fundraising plan](#)
- Try some ideas from Leonard Cheshire's [guide to 12-week volunteering from home](#)
- Create a fundraising plan for the [British Heart Foundation](#)
- Become an [Energy Envoy](#) with the National Energy Foundation
- [Virtual volunteering](#)

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